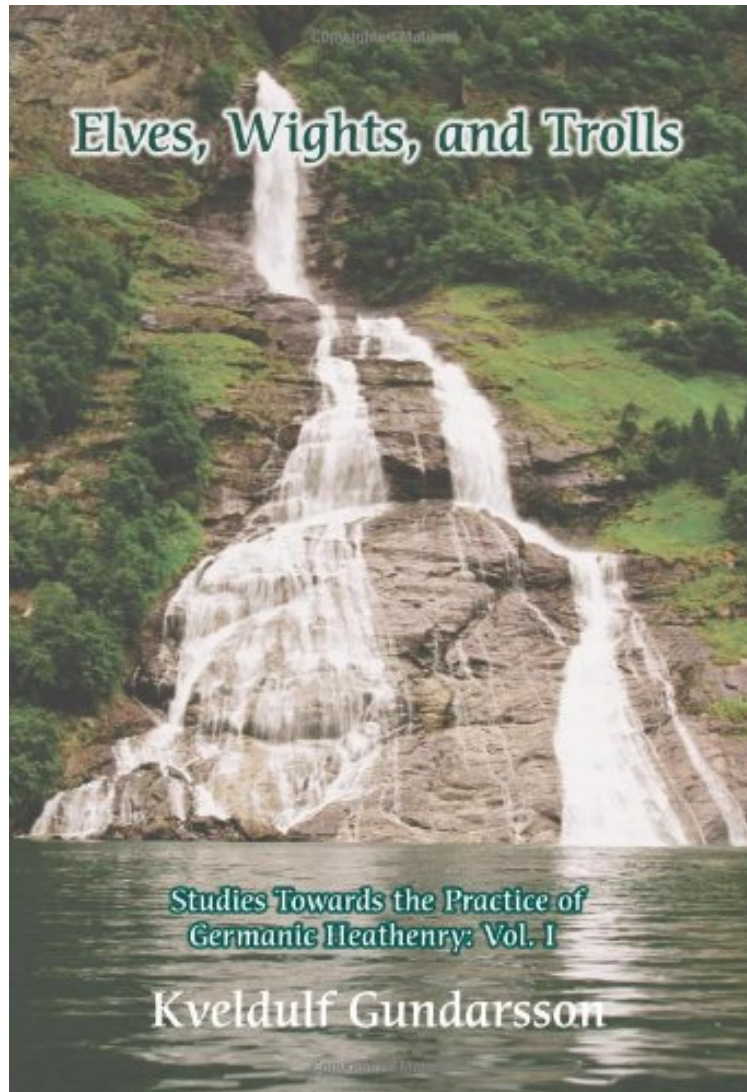


Elves, Wights, and Trolls: Studies Towards the Practice of Germanic Heathenry: Vol. I (v. 1)

Kveldulf Gundarsson

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Kveldulf Gundarsson : *Elves, Wights, and Trolls: Studies Towards the Practice of Germanic Heathenry: Vol. I (v. 1)* before purchasing it in order to gage whether or not it would be worth my time, and all praised *Elves, Wights, and Trolls: Studies Towards the Practice of Germanic Heathenry: Vol. I (v. 1)*:

6 of 6 people found the following review helpful. Fluffy this is not!By Rune BelieverThis actually reads more like a textbook than I had expected. Kveldulf Gundarsson really documents what he says in his book. Unfortunately, the footnote documentation can pull the readers attention away from the point he's trying to make in the above text. I have

not finished reading the book, but I now plan to approach it as though I am taking a course, and it is required reading. It's not a book I'd pick up to read for fun, which is what I had been expecting, an entertaining yet informative 'coffee table' book. I actually find the above to not be as off putting as it may sound. If you're looking for a 'this is the real deal' book, you'll find this is it. It may not have been what I was expecting, but it's definitely the book for which I've been looking. If you're looking for factual and accurate information on elves, wights and trolls, this book is it. 0 of 0 people found the following review helpful. Masterfully researched, complex, and thorough. Mr. ...By NMasterfully researched, complex, and thorough. Mr. Gundarsson also takes on the task of trying to illuminate the subtle paradox of classifying such beings, as some of their traits overlap or even change (depending on the region.) I only wish this book was bigger. There is more material in the first 15 pages than in any other book on the subjects of trolls and land spirits that I have come across. The collection of tales and ancestral lore includes advice for humans on etiquette with Otherworldly beings, offerings, taboos, and protections against offended spirits. A most essential treatise on Norse otherworldly beings written by both a scholar and seasoned practitioner of the Old Ways. 12 of 12 people found the following review helpful. The Guy with the Difficult Name Does it Again! By Brother MOLOCH 969 I have been a fan of Kveldulf (HOW do you pronounce that name?) since his first book, "Teutonic Magic" came out back in the late 1980's. Later I bought his companion book, "Teutonic Religion" and enjoyed the chapter on the Wights as it had quite a bit of lore offered for study but I knew it was merely a scratch on the surface of what lay beneath. I had hoped Kvedulf would continue that research and lo, he did! This is one of the best printed books on the subject of Ghosts from an old Germanic perspective that I have yet to read. This is lore that's been difficult to locate (and I have looked!) Okay so what makes this book different? Information on HOW to deal with these sorts of Spirits. Most of the material out there on the subject is academic and very little of it gives any sort of explanation as to WHAT something is let alone HOW to deal with it. The author though offers his advice that he's dug up on the subject - not that any of us are likely to run afoul of any 'trollkin' (but with the weird way this world works, you NEVER know!) Further, you are given advice on how to conduct yourself should you ever happen to meet light alfs or dark alfs as well as what's acceptable behavior towards Them and what isn't. Consider this a Miss Manners primer for the Metaphysical inducement of these sorts of Spirits. He also does a fine job of giving you the old Scandinavian names of the creatures and where they're found in the sagas for you to go and investigate yourself. Like most Scandinavian authors, Kvedulf Gundarsson shows his research skills and sophistication in a subject that many New Agers are wholly ignorant of. For instance, section 4.7 on page 52, "Friendship and Offerings to Water-Wights" is a terrific thing to put into a book! Think about it for a moment. We're not talking about made-up New Age nonsense but actual researched material that - who knows? - may one day save your life. How? Imagine that you've already given an offering of friendship to the Water-Wights and you just happen to be on a sinking water vessel. It's likely that you just may survive. Think I'm crazy? Ok I may be BUT I would rather at least TRY and be hopeful that I'll survive with their help than without it and become ONE of them. There is a LOT of information packed into this little book and if you're a practitioner of ANY path of Occultism or Magical-Religion, then you should have this book in your library and reference it often. I give this book five out of five possible stars for completeness and the fact the author includes a full bibliography and well done index for specific research.

Elves, Trolls, and Wights is the most complete study yet made of the various beings with whom the Vikings shared their world, from the smallest spirits of stones and plants to the great giants who strive against or aid the Norse gods. Elves, dwarves, giants, wights dwelling in rocks, streams, and oceans: these beings have been friends, foes, and even lovers of humans, and often worked more closely with farming and fishing folk on a daily basis than did the gods themselves. In this book, Kveldulf Gundarsson, long-famed scholar of Old Norse religion and Heathen leader, looks closely at the history and folklore of these beings and offers a practical guide for dealing with them. *Elves, Trolls, and Wights* also includes Kveldulf's new translation of the little-known Icelandic skaldic poem "Berg-Dweller's Song", in which the giant Hallmundr tells of his own folk and world-faring.

About the Author Kveldulf Gundarsson has been writing about Germanic magic and religion since 1989. He received a Ph.D. in Old Norse from Cambridge, and has taught at Uppsala University. He currently lives in Ireland with Sgads (the Viking Lady Trader) and Etienne, writing and designing Celtic and Norse jewelry for JewelryIreland.