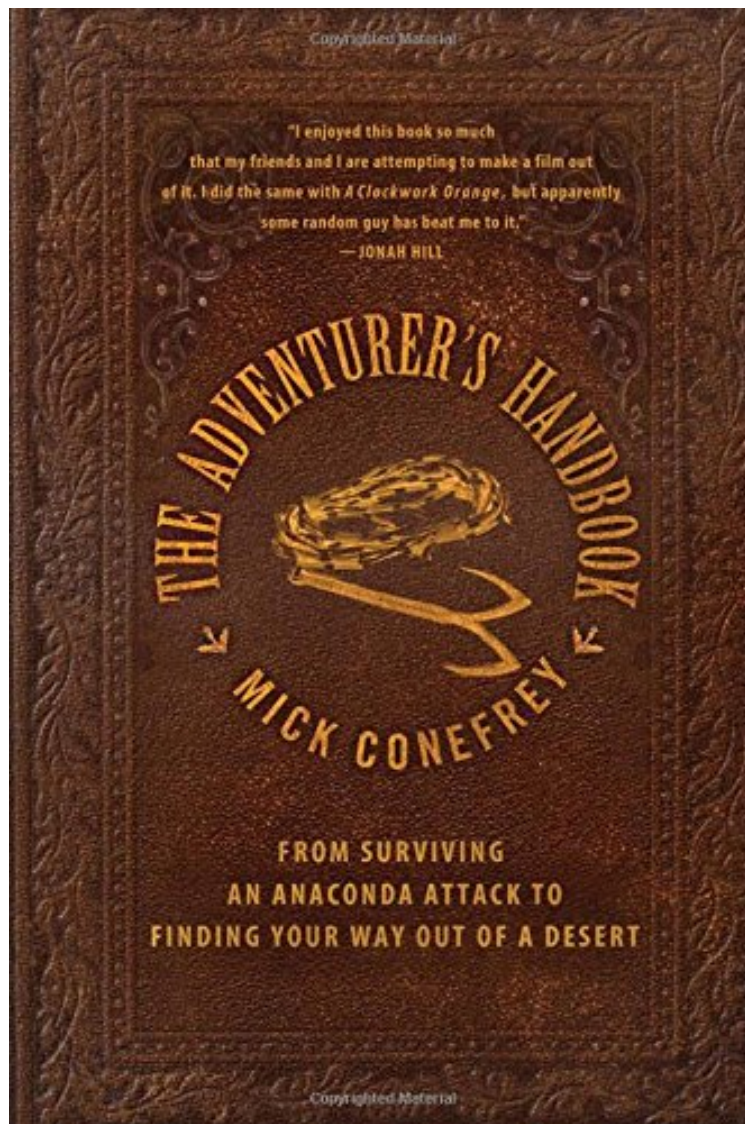


(Mobile book) The Adventurer's Handbook: From Surviving an Anaconda Attack to Finding Your Way Out of a Desert

The Adventurer's Handbook: From Surviving an Anaconda Attack to Finding Your Way Out of a Desert

Mick Conefrey

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Conefrey, "The Adventurer's Handbook: Life Lessons from History's Great Explorers." New York, NY: HarperCollins Publishers @ 2006. Come all you arm-chair 'ian Explorers' to heed my call. Your time belongs to your job and family. Your climate is an overcast sky, the moon's shine subdued by those clouds, the Florida mid-December temperature a grueling 64F and you are toasty warm in your bed tonight but your imagination is yours to savor. Read this book. It is Five Stars. I could not put it down until I finished. Mick does a good job of telling many Explorers' stories of their frostbite, amputated limbs, desert thirst, the quintessential, "... the thrill of victory and the agony of defeat." He only teases your mind's appetite to read the autobiographies that he speaks. Btw, you just never know, so learn how to escape the hungry jaws of an attacking anaconda and save your wife some laundry by learning to wear your Jockey briefs last several weeks. Sincerely, Your fellow ian Explorerralph marie de largo 12.12.2011 175 Werdz 0 of 0 people found the following review helpful. Great book to have if you are marching through unknown territory By James D. Crabtree This book looks at various aspects of expeditions and exploration and illustrates them with real-life experiences of famous (and not so famous) characters. Problems stemming from the need for food and water, ad hoc vs. recruited teams, how much equipment to bring, etc. Overall, a good book although the quality and subject matter of some of the "spot illustrations" are puzzling. 0 of 0 people found the following review helpful. Five Stars By Cannon Brilliant read.

What makes a good explorer? Adaptability, ambition, stamina, self-confidence, curiosity, optimism, authority and fund-raising ability. Though few of us will ever have to face a charging elephant, or survive solely on penguin stew, when it comes to project management, crisis aversion, or any number of everyday problems, there is much we can learn from the larger-than-life tales of the world's most famous adventurers. Here, award-winning documentarian Mick Conefrey pulls practical advice from their original diaries and logs, like how to survive an anaconda attack (wait until it has swallowed your legs, then reach down and cut its head off), and how to keep morale up (according to Ernest Shackleton, "A good laugh doesn't require any additional weight"). In addition to the wonderful characters and stories, this book offers many lessons on how to set sail without a clear path home. Answers to some important questions, courtesy of The Adventurer's Handbook: * How many corpses are believed to be on Mt. Everest? Answer: 120 * How is polar bear meat best prepared? Answer: Raw and frozen. * What do you do if attacked by a charging lion? Answer: Stand very still and stare it down. * What should you wear when crossing a desert? Answer: Lots of layers fabric absorbs sweat and prolongs its cooling action.

I enjoyed this book so much my friends and I are attempting to make a film out of it. I did the same with 'A Clockwork Orange,' but apparently, some random guy has beat me to it. Jonah Hill About the Author Mick Conefrey is an author and filmmaker who has made award-winning documentaries on Arctic exploration and Himalayan mountaineering. He also produced the BBC's anniversary film to commemorate the first ascent of Everest in 1953. He is the author of Mountain Men: A History of the Remarkable Climbers and Determined Eccentrics Who First Scaled the World's Most Famous Peaks and A Teacup in a Storm: An Explorer's Guide to Life. He lives in Oxford, England.